

Webinar on

Tips for Successfully Working from Home

Areas Covered

Potential pitfalls of working from home

Managing your workspace and work schedule, Negotiating with family members

How to use remote work tools such as Zoom and Slack

How to use technology to bridge the "visual" gap, Proven self care techniques

Best practices for working remotely with your work team

What to "measure" to make sure your work is getting done

Managing your boss's expectations and *"staying in the know"*

Benefits of working remotely, Should you work from home when the crisis is over?



Join this webinar to learn several proven tips for how to sustain yourself, reduce frustration, and stay productive while you are working remotely.

PRESENTED BY:

As CEO of Integral Talent Systems, Inc. (ITS) based in Silicon Valley, California, Dr. Ware is an Industrial/Organizational Psychologist who has practiced for over 25 years in the talent management field with a specialization in providing proven solutions to clients so they can attract, develop, and retain the best talent.



On-Demand Webinar

Duration : 60 Minutes

Price: \$200

Webinar Description

With the current COVID-19 pandemic, employers are taking active steps to ease the spread of the disease by allowing or mandating that employees work from home.

Though there has been a recent trend toward employers offering remote working and telecommuting arrangements, being forced to work from home unexpectedly can be daunting and overwhelming. This webinar will give you the most proven tools and productivity techniques on how to work from home effectively. You might even get so comfortable with it that you'll want to continue after the crisis is over. Join this webinar to learn several proven tips for how to sustain yourself, reduce frustration, and stay productive while you are working remotely.



Who Should Attend ?

Anyone working from home or doing work remotely



Why Should You Attend ?

Are you having trouble focusing? Are family members home who usually aren't in the house? Are you feeling isolated or disconnected from your work team? Not sure how to use virtual technology? Worried about being laid off?

By attending this webinar, you will learn how you can mitigate the pitfalls of working from home. Discover how to set up your workspace effectively, how to best use your time, how to balance work and family time at home, proven self-care practices, manage your boss's anxiety and expectations and how to use the features of remote technology such as ZOOM. After attending this webinar, you will feel more productive and comfortable working from home and be able to navigate more effectively in the coming months.



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